

Pregnancy Care Timeline

1. Your estimated “Due Date”: _____

Initial Visit:

Basic pregnancy instructions and discussion of general questions
Lab drawing & CF-SMA-FX screening
Instruction sheets: Office policies, 1st Trimester, NICA

11-13 weeks:

Visit MFM for nuchal translucency and blood screen for Downs Syndrome and related anomalies

17-22 weeks:

Basic anatomic ultrasound and AFP at MFM
Enroll in prenatal classes and hospital registration
Flu vaccine if appropriate
Schedule C-Section if elective C-Section

20-26 weeks:

Preterm Labor Precautions

26-30 weeks:

Glucose screen and CBC (blood count)
Rhogam if you are RH Negative

28-32 weeks:

Fetal movement instructions
Tdap vaccine

35-37 weeks:

Group B streptococcus
Labor Instructions
Prepare your bags

39-40 weeks:

Discuss induction guidelines and post-dates management.