



Please follow the steps below to ensure you are fully prepared for your upcoming procedure. If you have any questions, don't hesitate to contact us.

1. Pre-Procedure Appointment (Planning Scan)

- Contact Radiation Oncology office to schedule an appointment the week of your procedure.
- This scan will measure the cavity size so we can select the correct device.
- We've notified their office that you'll be calling, but please reach out today to get scheduled.

2. Clothing to Purchase

For your comfort and ease of care, please purchase:

- Two front-opening bras (zipper, or hook in the front)
 - You'll wear a bra continuously for a week—one to wear, one to wash.
- At least two front-opening tops or sweatshirts for easy dressing.
- One front-opening sweater or pajama top for sleeping.
 - These will make nighttime dressing more comfortable while the device is in place.

3. Medication Instructions

- Stop taking aspirin at least 10 days before the procedure, Discuss other blood thinners with us
- On the day of the procedure, take a pain reliever 30 minutes before arrival:
 - Use leftover prescription pain meds from surgery if available.
 - If not, you may take an over-the-counter pain reliever like Tylenol or Advil.
- You'll be prescribed an antibiotic starting the day the device is placed, which you'll take it:
 - For the entire time the device is in place.
 - **Plus one additional day after it is removed.**

4. Procedure Day –

- Arrive at our office by
- The procedure will take approximately 30 to 45 minutes.
- The device will be placed under local anesthesia (similar to your previous biopsy).
- Bring a driver if you take any narcotic medication beforehand or if you are uncomfortable driving afterward.

5. Post-Procedure Care

- The device will be partially inside and partially outside the breast.
- You will not be able to shower while the device is in place (approximately 1 week).
- Wear your front-closing bra at all times to keep the device secure.
- Use your front-opening tops and sleepwear to make changing easier and more comfortable.

6. Radiation Planning & Follow-Up

- After your procedure you'll go directly to Radiation Oncology's office to begin radiation planning.
- Give them your Key
- Radiation treatment will begin the Monday after your procedure for 5 days

Additional Info

If you have any questions or concerns, please call our office—we're happy to help. 561.333.1335

Thank you for your continued trust in our care!