

While we try our best to accommodate all our patients for visits and testing, here are some general guidelines:

— If your child is symptomatic and tests positive on a home test, that is considered a true positive and there is no need to repeat it.

— If your child tests positive at an outside testing facility, that is considered a true positive and there is no need to repeat it.

— If your child has a known exposure and symptoms, you can presume them to be positive and there is no requirement to test. If you need to have a test for work /school purposes, we are happy to see them in the office but will see them outside in the parking lot. Please advise our office your child has been exposed.

— If your child tests positive or is presumed positive, but has MILD symptoms, they do NOT need to be seen in the office. We can gladly set up a televisit to answer your concerns and/or questions.

** Provide supportive care with Tylenol & Motrin (the latter only if >6m), per the dosing guidelines on our website.

** Ensure good hydration by encouraging fluids in any form your child will tolerate. Monitor for urine output.

** Continue symptomatic care for congestion and coughs with saline & suctioning, honey for children >1 year, Vaporub and a cool-mist humidifier.

** Do NOT use OTC cough & cold medications for children <6y, as the side effects outweigh any potential benefit and they are not recommended.

CALL OUR OFFICE if your child has a fever that does not respond to medications, has persistent fever for > 5 days, has fever in the setting of a sore throat or ear pain, has a barking cough, has wheezing or increased work of breathing, or decreased urine output.

POSITIVE CASES must stay home (isolate) for a minimum of 5 days, and then can only go out if fully masked for another 5 days. If your child is too young to wear a mask or does not mask reliably, please stay home for 10 days.

QUARANTINE in the event of an exposure will vary based on vaccination status and age of the child/ability to mask. For those fully vaccinated, it may be as short as 5 days from last exposure, but for younger children or those who cannot reliable mask all the time, it is still 10 days from last exposure. An ongoing exposure in the house means an ongoing quarantine as well.

Please feel free to use our portal to ask any other questions, but be patient in waiting for a response as we are quite busy during office hours.

Thank you.