



Colposcopy

What to expect for the procedure:

- A Colposcopy is done when you are not on your period, if you are, we will need to reschedule.
- You may experience mild cramping during the procedure.
- You will be able to leave 15 minutes after the procedure and drive yourself home.
- It is recommended that you take it easy and not exercise for one day after your procedure

How to prepare:

- You can take an over the counter pain reliever such as ibuprofen (Advil, Motrin) or Acetaminophen (Tylenol) 1 Hour before your appointment.
- DO NOT have vaginal intercourse, use tampons or any vaginal medications for 2 days prior to your scheduled colposcopy.

What to expect after the procedure:

- You may experience light spotting and cramping for the first few days afterwards, you can use a sanitary pad only, NO tampons.
- Avoid sexual intercourse, tampons and vaginal medication for 1 week after the procedure to give the cervix time to heal.

When to call your Dr:

- Call your Dr if you experience: heavy bleeding, chills, fever or severe abdominal pain.

***PRONOX** is available for a charge of \$75 for any procedures. PRONOX is a self-administered laughing gas that helps patients with both pain management and anxiety. No chaperone is needed as the laughing gas is completely expelled from the body within 15 minutes after the last inhale. Please let the scheduling coordinator know when scheduling your procedure if you are interested in adding the PRONOX service.

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