



Vulvar Biopsy

What to expect for the procedure:

- You may experience mild cramping during the procedure.
- You will be able to leave 15 minutes after the procedure and drive yourself home.

How to prepare:

- You can take an over the counter pain reliever such as ibuprofen (Advil, Motrin) or Acetaminophen (Tylenol) 1 Hour before your appointment.
- Pro-Nox (a pain management breathable gas) will be available for a fee of \$75.

What to expect after the procedure:

- Biopsy site should be kept clean and dry.
- If bleeding occurs, apply direct pressure to the area.
- Avoid hot baths until healing complete which will take approx. 5 days.
- Can use Neosporin triple antibiotic healing ointment on healing site. (Sold over the counter)

***PRONOX** is available for a charge of \$75 for any procedures. PRONOX is a self-administered laughing gas that helps patients with both pain management and anxiety. No chaperone is needed as the laughing gas is completely expelled from the body within 15 minutes after the last inhale. Please let the scheduling coordinator know when scheduling your procedure if you are interested in adding the PRONOX service.

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