



TopLine MD Alliance

#### Diagnostic Center of Miami

7500 SW 87 Ave, Ste 100 Miami, FL  
P: 305-740-5100 • F: 305-596-0606  
dxcentermiami.com



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#### Midtown Women's Center

2751 North Miami Ave, Ste 4 Miami, FL  
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#### Pembroke Pink Imaging

15735 Pines Blvd Pembroke Pines, FL  
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#### Care Diagnostics

8903 Glades Rd, Suite H-1  
Boca Raton, FL  
P: 561-361-7872 • F: 561-361-7873  
carediagnostics.com

## Biopsy Procedure Instructions

### *Important Medication and Appointment Guidelines*

#### **\*\*Prescription Reminder\*\***

Please bring your prescription with you to your appointment. If your doctor's office is faxing it, you must call us the day before to confirm we've received it. If the required paperwork is not received, your appointment will be rescheduled.

#### **Medication Guidelines**

Please review the information below carefully. It is essential that you **consult your prescribing provider** before stopping any blood thinners or medications. These are general guidelines and may not apply to every patient.

1. **Coumadin (Warfarin) and Plavix:** 4 days before the biopsy, day of the biopsy, and 2 days after biopsy (7 days total).
2. **Heparin and Lovenox:** 1 full day before the biopsy, day of the biopsy, and 1 day after the biopsy (3 days total).
3. **All pain relief medications (except for Tylenol, as needed):** 3 days prior to your scheduled procedure. This includes, but is not limited, to Ibuprofen (Motrin, Advil, Aleve, Celebrex, etc.) and aspirin products (Excedrin, Bayer, Anacin).
4. **Fish oil and Vitamin E supplements, including multivitamins containing vitamin E greater than 400 IUs:** 7 days before the biopsy.



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**Additional Day of Procedure Instructions**

- Eat normally unless your provider advises otherwise.
- Shower in the morning of your appointment. You will not be able to shower until the following day.
- Wear loose-fitting clothing and a supportive bra (if applicable).