

# WOMEN'S HEALTH PARTNERS, LLC

DIPLOMATES OF THE AMERICAN BOARD OF OBSTETRICS & GYNECOLOGY

[www.myobgynoffice.com](http://www.myobgynoffice.com)

## PRE-OPERATIVE MEDICATIONS TO AVOID BEFORE SURGERY

To prepare for your surgery or procedure, we ask you to avoid certain medicines, including aspirin and aspirin-like products, non-steroidal anti-inflammatory agents, and other medicines or supplements.

We recommend refraining from these medications and/or supplements two weeks before your planned procedure.

You may take acetaminophen (Tylenol) as needed for minor aches and pains.

**The lists in this handout are not complete.** Other products or supplements may also cause bleeding problems or other issues.

**For patients who have had cardiac stents or other heart surgery in the past year,** talk with your cardiologist (heart doctor) before you stop taking any aspirin product or clopidogrel (Plavix).

**The lists in this handout are not complete.** Other products or supplements may also cause bleeding problems.

### *Avoid these Products 2 weeks Before and After Surgery*

#### *Prescription products with aspirin or other salicylates:*

- Amigesic
- Ascomp with codeine
- Alor
- Carisoprodol Compound
- Darvon Compound 65
- diflunisal
- Dolobid
- Empirin with codeine
- Fiorinal
- Lobac
- Lortab ASA
- Magan
- Magsal
- Mobidin
- Monogesic
- Norgesic
- Novasal
- Orphengesic
- Panasol
- Percodan products
- Roxiprin
- Salflex
- salsalate products
- Salsitab
- Soma products
- Synalgos-DC
- Talwin Compound
- Trilisate
- trisalicylate products
- Zorprin

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## **Prescription products with these nonsteroidal anti-inflammatory agents (brand name in parentheses):**

- diclofenac (Voltaren, Cataflam)
- meclufenamate (Meclomen)
- etodolac (Lodine)
- mefenamic acid (Ponstel)
- fenoprofen (Nalfon)
- nabumetone (Relafen)
- flurbiprofen (Ansaid)
- naproxen (Naprosyn, Anaprox)
- ibuprofen (Motrin)
- oxaprozin (Daypro)
- indomethacin (Indocin)
- piroxicam (Feldene)
- ketoprofen (Orudis, Oruvail)
- sulindac (Clinoril)
- ketorolac (Toradol)
- tolmetin (Tolectin)

## **Other prescription drugs:**

- celecoxib (Celebrex)
- cilastazol (Pletal)
- clopidogrel (Plavix)
- dipyridamole (Persantine)
- dipyridamole/aspirin (Aggrenox)
- valdecoxib (Bextra)
- ticlopidine (Ticlid)

## **Nonprescription products with aspirin or salicylates:**

- Advil products
- Aleve products
- Dristan Sinus
- Haltran
- ibuprofen products
- Menadol
- Midol Extra Strength
- Motrin
- naproxen

## **Coumadin (Warfarin)**

- If you are on Coumadin (Warfarin), call our office for instructions.
- You will probably be asked to stop this medication 5 days before your scheduled surgery.
- You might be asked to transition to an injectable *anticoagulant* (blood-thinner) such as heparin, or a low molecular weight heparin such as enoxaparin (Lovenox).

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## *Herbal Products and Other Natural Supplements*

Herbs and other supplements can occasionally be harmful to take if you are having surgery because they can cause extra bleeding. Stop taking **ALL**-natural products, herbal medicines, vitamins, and other supplements **7 days before your surgery**. They may be resumed when your doctor says it is OK

### *Natural supplements and herbs that may cause bleeding problems:*

- agrimony
- alfalfa
- aniseed
- arnica
- artemesia
- asa foetida
- bishop's weed
- bladderwrack
- bochu
- bogbean
- boldo
- bromelains
- burdock
- capsicum
- cassio
- celery seed
- chamomile
- Chinese wolfberry
- chondroitin
- clove
- cod liver oil
- coltsfoot
- dandelion
- danshen (salvia)
- devil's claw
- dihydroepiandrosterone (DHEA)
- dong quai (angelica)
- fenugreek
- feverfew
- fish oil
- flax seed
- gamma linoleic acid
- garlic
- ginger
- ginkgo
- ginseng
- glucosamine
- horse chestnut
- horseradish
- licorice
- meadowsweet
- melatonin
- melilot
- nattokinase
- onion
- pantethine
- papain (papaya extract)
- parsley
- passionflower
- policosanol
- poplar
- prickly ash
- quassia
- red clover
- resveratrol
- sea buckthorn
- sweet clover
- sweet woodruff
- tonka beans
- turmeric
- vinpocetine
- vitamin E
- wild carrot
- wild lettuce
- willow bark

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