

Women's Health Partners, LLC

Diplomates of the American Board of Obstetrics & Gynecology
www.myobgynoffice.com

PRE-OPERATIVE MEDICATIONS TO AVOID BEFORE SURGERY

To prepare for your surgery or procedure, we ask you to avoid certain medicines, including aspirin and aspirin-like products, non-steroidal anti-inflammatory agents, and other medicines or supplements.

We recommend refraining from these medications and/or supplements two weeks before your planned procedure.

You may take acetaminophen (Tylenol) as needed for minor aches and pains.

The lists in this handout are not complete. Other products or supplements may also cause bleeding problems or other issues.

For patients who have had cardiac stents or other heart surgery in the past year, talk with your cardiologist (heart doctor) before you stop taking any aspirin product or clopidogrel (Plavix).

The lists in this handout are not complete. Other products or supplements may also cause bleeding problems.

Avoid these Products 2 weeks Before and After Surgery

Prescription products with aspirin or other salicylates:

- | | | |
|-------------------------|---------------------|--------------------------|
| ○ Amigesic | ○ Lortab ASA | ○ Roxiprin |
| ○ Ascomp with codeine | ○ Magan | ○ Salflex |
| ○ Alor | ○ Magsal | ○ salsalate products |
| ○ Carisoprodol Compound | ○ Mobidin | ○ Salsitab |
| ○ Darvon Compound 65 | ○ Monogesic | ○ Soma products |
| ○ diflunisal | ○ Norgesic | ○ Synalgos-DC |
| ○ Dolobid | ○ Novasal | ○ Talwin Compound |
| ○ Empirin with codeine | ○ Orphengesic | ○ Trilisate |
| ○ Fiorinal | ○ Panasol | ○ trisalicylate products |
| ○ Lobac | ○ Percodan products | ○ Zorprin |

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Prescription products with these nonsteroidal anti-inflammatory agents (brand name in parentheses):

- diclofenac (Voltaren, Cataflam)
- meclofenamate (Meclomen)
- etodolac (Lodine)
- mefenamic acid (Ponstel)
- fenoprofen (Nalfon)
- nabumetone (Relafen)
- flurbiprofen (Ansaid)
- naproxen (Naprosyn, Anaprox)
- ibuprofen (Motrin)
- oxaprozin (Daypro)
- indomethacin (Indocin)
- piroxicam (Feldene)
- ketoprofen (Orudis, Oruvail)
- sulindac (Clinoril)
- ketorolac (Toradol)
- tolmetin (Tolectin)

Other prescription drugs:

- celecoxib (Celebrex)
- cilastazol (Pletal)
- clopidogrel (Plavix)
- dipyridamole (Persantine)
- dipyridamole/aspirin (Aggrenox)
- valdecoxib (Bextra)
- ticlopidine (Ticlid)

Nonprescription products with aspirin or salicylates:

- Advil products
- Aleve products
- Dristan Sinus
- Haltran
- ibuprofen products
- Menadol
- Midol Extra Strength
- Motrin
- naproxen

Coumadin (Warfarin)

- If you are on Coumadin (Warfarin), call our office for instructions.
- You will probably be asked to stop this medication 5 days before your scheduled surgery.
- You might be asked to transition to an injectable *anticoagulant* (blood-thinner) such as heparin, or a low molecular weight heparin such as enoxaparin (Lovenox).

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Herbal Products and Other Natural Supplements

Herbs and other supplements can occasionally be harmful to take if you are having surgery because they can cause extra bleeding. Stop taking **ALL**-natural products, herbal medicines, vitamins, and other supplements **7 days before your surgery**. They may be resumed when your doctor says it is OK

Natural supplements and herbs that may cause bleeding problems:

- | | | |
|---------------------|---------------------------------|---------------------------|
| o agrimony | o dandelion | o nattokinase |
| o alfalfa | o danshen (salvia) | o onion |
| o aniseed | o devil's claw | o pantethine |
| o arnica | o dihydroepiandrosterone (DHEA) | o papain (papaya extract) |
| o artemesia | o dong quai (angelica) | o parsley |
| o asa foetida | o fenugreek | o passionflower |
| o bishop's weed | o feverfew | o policosanol |
| o bladderwrack | o fish oil | o poplar |
| o bochu | o flax seed | o prickly ash |
| o bogbean | o gamma linoleic acid | o quassia |
| o boldo | o garlic | o red clover |
| o bromelains | o ginger | o resveratrol |
| o burdock | o ginkgo | o sea buckthorn |
| o capsicum | o ginseng | o sweet clover |
| o cassio | o glucosamine | o sweet woodruff |
| o celery seed | o horse chestnut | o tonka beans |
| o chamomile | o horseradish | o turmeric |
| o Chinese wolfberry | o licorice | o vinpocetine |
| o chondroitin | o meadowsweet | o vitamin E |
| o clove | o melatonin | o wild carrot |
| o cod liver oil | o melilot | o wild lettuce |
| o coltsfoot | | o willow bark |

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