

Mona Lisa Laser Guide/Instructions

Vaginal Treatment

For reduction of vaginal dryness and painful intercourse, especially for patients unable to or unresponsive to estrogens.

3 sessions, 6 weeks apart, takes about 5 minutes. Able to drive to office and home, only alteration in activity is nothing in vagina after for 48 hours, there may be some light discharge or staining. Complications are rare if any.

Vulvar (external treatment)

For vulvar symptoms related to lichen sclerosis/menopausal changes. External treatment at introitus (opening) may also be necessary as part of intravaginal treatment and is usually added at the 2nd and 3rd treatment. Complications are rare if any but may include residual pain in the area.

Treatment lasts 5 minutes; patients must have local anesthetic cream applied for this which we will do before in the office. After treatment, ice is applied up to 24 hours, and topical Aquafor can be used. No sexual contacts for 7 days, follow up treatments are 6 weeks apart and patients may need up to 5 treatments. Patients with long hair in the area are encouraged to trim or shave the day before. Patients should purchase Aquafor to have at home.

*For Vaginal and Vulvar treatments patients who have a history of herpes, take preventative medicine (acyclovir or valacyclovir) for at least 48 hours before treatment and continue for a week.

*An annual follow up treatment will be needed by most patients to keep the effect.

*Patients should not have intercourse or use vaginal creams for 48hrs prior to procedure.

Pricing:

This procedure is not covered by insurance. Payment is due prior to procedure.

Internal treatment: First 3 sessions for \$1600 if paid at first treatment, if payment is made per session it is \$595 each.

External Treatment: If done as a combined procedure it is included in the first 3 sessions, each other treatment necessary is \$450 per treatment.