

# Women's Health Partners, LLC

Diplomates of the American Board of Obstetrics & Gynecology  
[www.myobgynoffice.com](http://www.myobgynoffice.com)

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## ❖ Select Pediatrician

- Obtain Referral list from office
- Think about insurance, office locations and hours, hospital privileges and vaccine policies

## ❖ Childbirth Classes

- Obtain brochures and sign up for childbirth, baby care, breastfeeding and infant CPR classes

## ❖ Circumcision

- Obtain consent, sign and return to office
- Pay deposit

## ❖ Hospital

- Take in-person or virtual tours of both hospitals and preregister if not done already
- BRRH 561-955-3276
- WBMC 866-724-6002

## ❖ Lactation Consult

- Especially important for mothers with thyroid disorders, flat/inverted nipples, above 35 yo, history of breast surgery or have had infertility treatments
- Mama Bean Lactation
  - Prenatal Breastfeeding Forum in office 2<sup>nd</sup> Monday of each month
  - Email Stacey to RSVP [srieich@whpmd.com](mailto:srieich@whpmd.com)

## ❖ Car Seat Installation

- Schedule inspection at local fire station

## ❖ Breast Pump

- Discuss with OB Coordinator

## ❖ Cord Blood Collection

- Research companies, obtain brochures
- Consider cord blood and/or tissue

## ❖ Birth Preference List

- Pain relief, hydrotherapy, nitrous oxide, IV medication, epidural
- Baby skin to skin after delivery
- Baby vaccines after birth
- Delayed cord clamping
- Family members present for delivery
- Special requests

## ❖ Additional Services

- Doula service- Birth/post-partum
- Birth photographer
- Massage therapy
- Chiropractor services
- Acupuncture
- Physical therapy
- Baby nurse
- Labor tub rental

## ❖ Insurance

- Add baby to insurance after delivery (you have 30 days)
- FMLA and Short Term Disability

## ❖ Practice OB Coordinator

- Any questions can be answered by our OB Coordinator - Stacey 561-368-3775 ext. 227

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