

# Serene Health OB/GYN & Wellness

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## GYN EXAM FORM

Date of exam: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Age: \_\_\_\_\_

**Family History** — Has anyone in your family had trouble with the following? Include mother (M), father (F), brother (B), sister (S), aunt (A), uncle(U), grandmother (GM), grandfather (GF).

	NO	Not Sure	YES	WHO		NO	Not Sure	YES	WHO
Anemia	___	___	___	___	Diabetes	___	___	___	___
Bleeding Problem	___	___	___	___	High Blood Pressure	___	___	___	___
Breast Disease	___	___	___	___	Stroke	___	___	___	___
Cancer	___	___	___	___	Heart Attack (before 50)	___	___	___	___
Gyn Cancer	___	___	___	___	Other Hereditary Disease	___	___	___	___

**MEDICAL HISTORY** — Information about you. Check all that applies

	NO	YES	NOW		NO	YES	NOW		NO	YES	NOW
Anemia	___	___	___	Lung disease	___	___	___	Varicose veins	___	___	___
Blurred vision	___	___	___	Liver disease	___	___	___	Blood clots	___	___	___
Headaches	___	___	___	Thyroid problem	___	___	___	Redness/pain in leg	___	___	___
Migraines	___	___	___	Breast surgery	___	___	___	Gallbladder problems	___	___	___
Stroke	___	___	___	High blood pressure	___	___	___	Urinary tract infections	___	___	___
Severe depression	___	___	___	Chest pain	___	___	___	Smoking	___	___	___
Severe mood swings	___	___	___	Shortness of breath	___	___	___	Alcohol use	___	___	___
Psychiatric problems	___	___	___	Heart murmur	___	___	___	Recreational drug use	___	___	___
Diabetes	___	___	___	Heart disease	___	___	___	Eating disorder	___	___	___
Cancer	___	___	___	Asthma	___	___	___	Regular exercise	___	___	___

## GYN HISTORY

	NO	YES	When		NO	YES	When
Pelvic tumors/fibroids	___	___	___	Unusual vaginal bleeding	___	___	___
Pelvic infections	___	___	___	Unusual vaginal discharge	___	___	___
Pelvic surgery	___	___	___	Pregnancy	___	___	___
Abnormal PAP	___	___	___	Abortions	___	___	___
Vaginal infection	___	___	___	Hepatitis B vaccine	___	___	1 ___ 2 ___ 3 ___

First day of last menstrual period \_\_\_\_\_ Was last period normal \_\_\_\_\_ Last PAP date \_\_\_\_\_ Result \_\_\_\_\_

Period started at age \_\_\_\_\_ Occur every \_\_\_\_\_ days. Duration \_\_\_\_\_ days.

Periods are: \_\_\_regular \_\_\_irregular \_\_\_light \_\_\_moderate \_\_\_heavy \_\_\_painful. Do you do a self-breast exam monthly \_\_\_YES \_\_\_NO

Have you ever had sexual intercourse \_\_\_YES \_\_\_NO If yes, \_\_\_vaginal \_\_\_anal \_\_\_oral Do you/have you had sex with \_\_\_men \_\_\_women \_\_\_both

Number of sexual partners in the past 2 years \_\_\_\_\_ Length of time with current/most recent sexual partner? \_\_\_\_\_

Condom protection always \_\_\_YES \_\_\_NO Have any of your sexual partners been in a high risk category for HIV/AIDS? \_\_\_YES \_\_\_NO

\_\_\_More than one partner? \_\_\_Bisexual? \_\_\_Used Drugs? \_\_\_

Have you had unprotected sex since your last menstrual period? \_\_\_YES \_\_\_NO Any missed birth control pills? \_\_\_YES \_\_\_NO

What are you doing to protect yourself from HIV/AIDS, Hepatitis B or C, and all STD'S? \_\_\_\_\_

How many times have you used condoms in the last 10 acts of intercourse? \_\_\_\_\_

Have you ever had any of the following: **Chlamydia:** \_\_\_YES \_\_\_NO **Genital warts:** \_\_\_YES \_\_\_NO **Gonorrhea:** \_\_\_YES \_\_\_NO **Herpes:** \_\_\_YES \_\_\_NO

**Hepatitis B:** \_\_\_YES \_\_\_NO

Any other pertinent history or concern: