



Luis E. Roca II, M.D. • Joseph Venditto, M.D. • Melissa Acevedo, M.D. • Mary Grady, M.D. •
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PRE-OPERATIVE PATIENT INSTRUCTIONS

- ❖ **PLEASE BE ON TIME.** A delay in starting your case could affect many other patients that day.
- ❖ A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home. The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia.
- ❖ **If medical clearance or pre-op labs are required, this report must be in our office prior to surgery. Failure to have this report will result in your surgery being cancelled.**
- ❖ Do not eat or drink anything (not even water) after midnight the night before surgery. This includes gum or hard candy.
- ❖ Take any prescribed antacids, steroids, blood pressure, heart, and anticonvulsant medications the morning of surgery with only a **sip** of water. If you take any other routine oral medications, please check with our office prior to your surgical date for instructions.
- ❖ Take insulin as prescribed by your primary physician. Make sure your primary doctor knows you are having surgery.
- ❖ Do not take any aspirin, Advil, Motrin, Ibuprofen or similar medications (i.e. Alka Seltzer, Excedrin, Aleve, Midol) for two weeks prior to surgery unless directed by your physician. Stop taking ANY supplements (i.e. Gingko Biloba, St. John's Wort, Ginseng, Fish Oil, Vitamin E, or Turmeric) two weeks prior to surgery. These may interfere with the clotting process.
- ❖ If you are currently taking **Ozempic, Wegovy, Mounjaro, or any other Semaglutide injection**, you must **DISCONTINUE** use at least two weeks prior to your surgery. Please notify the office if you are currently taking any of these.
- ❖ Avoid smoking, drinking, or taking recreational drugs for at least 24 hours prior to surgery.
- ❖ Please wear clean, loose-fitting clothing with sleeves which can be rolled up past the elbow, and low-heeled shoes.
- ❖ Contact lenses, jewelry, and dentures must be removed at the time of surgery. Do not wear contact lenses. Wear glasses if needed.
- ❖ Do not wear lipstick, makeup, jewelry, pantyhose, or nail polish on the day of surgery. Avoid using any creams, lotions, or deodorants.
- ❖ If you have an illness such as a cold, sore throat, rash, stomach or bowel upset, please notify the office.
- ❖ The patient is responsible for informing staff of any pertinent information, including change in medication.
- ❖ You will be contacted the day prior to surgery with the time of your arrival. It may be necessary to change the time of your surgery. Please make yourself available all day.

In case of an emergency please call 911

If you are unable to reach your doctor, please contact one of the covering doctors:

Luis E. Roca II, M.D., Joseph Venditto, M.D., Melissa Acevedo, M.D., Mary Grady, M.D., Richard Petersen, M.D. through their 24-hour answering service at **(305)665-9644**. For immediate medical needs, please go to South Miami Hospital (located at 6200 SW 73rd Street Miami, FL 33143) where these doctors have transfer agreements and staff privileges.

I HAVE RECEIVED, READ, AND UNDERSTAND THE ABOVE INSTRUCTIONS.

Surgical Coordinator (305)665-9644 #5