

MEDICAL HISTORY

Name: _____ Age: _____ Date: _____
E-mail address: _____
Name of Primary Physician: _____ Date last seen: _____

Are you (or could you) be pregnant at this time? Yes No
Do you have a latex allergy? Yes No
Do you have an Advanced Directive (regarding medical care in case you are incapacitated?) Yes No

DRUG ALLERGIES:

1. _____ 2. _____ 3. _____

CURRENT MEDICATIONS: (list medications, dosages, & frequency)

1. _____ 2. _____ 3. _____
4. _____ 5. _____ 6. _____
7. _____ 8. _____ 9. _____

VITAMIN OR HERB SUPPLEMENTS: (list medications, dosages, & frequency)

1. _____ 2. _____ 3. _____
4. _____ 5. _____ 6. _____

VACCINATION HISTORY: (please circle all that apply)

Have you had all your childhood vaccines? Yes No **Tetanus in the past 10 years?** Yes No
Hepatitis B Vaccine? Yes No **Flu shot this year?** Yes No **Pneumococcal Vaccine?** Yes No

PREVENTATIVE MEDICINE HISTORY:

	<u>Date of Last (if any)</u>	<u>(circle below)</u>		<u>Please explain abnormal results below</u>
Last Pap	_____	Normal	Abnormal	_____
Mammogram	_____	Normal	Abnormal	_____
Bone Density Test	_____	Normal	Abnormal	_____
Colonoscopy	_____	Normal	Abnormal	_____
Barium Scan	_____	Normal	Abnormal	_____
Stool test for blood	_____	Normal	Abnormal	_____
Cholesterol Test	_____	Normal	Abnormal	_____
Thyroid Test	_____	Normal	Abnormal	_____

PAST OBSTETRICAL HISTORY: (indicate number)

Total times pregnant including miscarriages: ____ **FULL term deliveries (37 weeks pregnant or beyond)** ____
Pre-term deliveries (less than 37 weeks) ____ **Miscarriages and abortions** ____ **Number of living children** ____

Pregnancy complications: NONE (please check all that apply)

Baby died near term: ____ Cord Prolapse: ____ Ectopic pregnancy: ____ 1st trimester bleeding: ____
Gestational Diabetes: ____ HELLP Syndrome: ____ Infertility: ____ Incompetent cervix: ____
Growth Retardation: ____ Placenta Abruption: ____ Placenta Previa: ____ Pre-Eclampsia: ____
Premature rupture of membranes at _____ weeks Pre-term labor at _____ weeks
Shoulder Dystocia: ____ Recurrent Miscarriages ____ Twins/Multiple babies: ____
Other: _____

MENSTRUAL: (please circle all that apply)

Age at first period? _____ **Date of last period?** _____ **Cycles are/were?** Regular Irregular

Menses flow? Light Moderate Heavy **Typically last _____ number of days**

Symptoms include: Bloating Breast tenderness Mood swings Abdominal pain/cramps Other: _____

Do you have a history of any of the following? (please circle all that apply)

Abnormal pap smear/s	Adenomyosis	Breast disease	Chronic Pelvic Pain	Endometriosis
Fibroids	Exposure to DES	Urinary Incontinence	Ovarian Cyst	Pelvic Adhesions
Pelvic Inflammatory Disease	Polycystic Ovary	Uterine Prolapse	Cervical Cancer	Endometrial Cancer
Ovarian Cancer	Other: _____	Please explain: _____		

POSTMENOPAUSAL WOMEN ONLY: (please check all that apply)

Night Sweats _____	Hot flashes # _____ times per day	Pain with Intercourse _____
Vaginal Dryness _____	Mood Liability _____	Bone Pain _____
Length of time experiencing these symptoms # _____ months/years (circle one)		Other: _____

SEXUAL HISTORY: (please circle all that apply)

Birth control currently being used: NONE Condoms Diaphragm IUD Pills Injection Vasectomy Other: _____

Sexual preference? Heterosexual Homosexual **Are you currently sexually active?** Yes No

lifetime sexual partners? More/Less than 5 **Age first had intercourse?** More/Less than 16 years old

Level of sexual interest? Healthy Decreased Absent

Have you ever been diagnosed with any of the following? (please check all that apply)

Chlamydia ___ Gonorrhea ___ Trichomonas ___ Syphilis ___ HIV ___ HPV/Genital Warts ___ Herpes ___

Please tell us the date and if you were treated: _____

PAST MEDICAL HISTORY: (please circle all that apply)

Alcoholism	Anemia	Asthma	Arthritis	Atrial Fibrill	Deep Vein Thrombosis
Bleeding Tendency	Crohn's/Colitiss	Colon Polyps	Depression	Diabetes	Heart Attack
Emphysema	Epilepsy	Glaucoma	Goiter	Hay Fever	High Blood Pressure
Hepatitis (B or C)	Heartburn	Heart Failure	Hyperthyroid	Hypothyroid	Mitral Value Prolapse
Kidney Disease	Leukemia	Liver Disease	Mental Illness	Migraine	Tuberculosis
Nervous Breakdown	Obesity	Pneumonia	Rheumatism	Stroke	Other Cancer: _____
Ulcers	Breast Cancer	Cervical Cancer	Colon Cancer	Ovarian Cancer	Other Condition: _____

FAMILY HISTORY: (please list disease for each member)

Paternal Grandmother: _____ Maternal Grandmother: _____

Paternal Grandfather: _____ Maternal Grandfather: _____

Father: _____ Mother: _____

Uncles: _____ Aunts: _____

Brothers: _____ Sisters: _____

PAST SURGICAL HISTORY: (please circle all that apply AND indicate the year it occurred)

Appendix _____	Breast Biopsy _____	Hernia _____	Kidney _____
Tonsils _____	Cervical Biopsy _____	D&C _____	Endometrial Biopsy _____
Hysterectomy _____	Hystosalpingogram _____	Tubal Ligation _____	Laparoscopy _____
Mastectomy _____	Ovary(ies) Rt or Lft _____	Other: _____	

PAST PROCEDURE HISTORY:

Test	Body Region	Results
Ultrasound of _____	_____	_____
CT Scan of _____	_____	_____
MRI of _____	_____	_____

PERSONAL INFORMATION:

Current Occupation: _____ **Marital Status:** Married Single Divorced Widowed

Current aerobic exercise program? Yes No **How many days a week do you exercise?** _____

Alcohol use? Yes No **If yes, how many drinks per day?** _____

Have you ever smoked? Yes No **Do you smoke now?** Yes No **Packs per day?** _____ **How many years?** _____

Do you take any illicit street drugs? Yes No If yes, which? _____

Do you drink caffeinated products (soda, coffee, tea, energy drinks)? Yes No **If yes, how many cups per day?** _____

SYMPTOMS: (check symptoms you currently have)

General

- ___ Fever
- ___ Chills
- ___ Appetite Change
- ___ Dehydration
- ___ Mental Status Changes
- ___ Acute Diseases

Genital

- ___ Pain
- ___ Masses/Growths
- ___ Abnormal Bleeding
- ___ Abnormal Discharge
- ___ Pain w/Intercourse
- ___ Pain w/Menstrual Cycle
- ___ Rashes

Neurological

- ___ Seizures
- ___ Speech Changes
- ___ Loss of Sensation
- ___ Loss of Movement

Hematological

- ___ Easy Bruising
- ___ Bleeding Disorder
- ___ Clotting Disorder

Heart

- ___ High Blood Pressure
- ___ Palpitations
- ___ Chest Pain/Angina
- ___ Edema in Arms/Legs
- ___ Rapid Heartbeat
- ___ Irregular Heartbeat
- ___ High Cholesterol

Head, Eyes, Ears, Nose, Throat

- ___ Head Injury
- ___ Visual Changes
- ___ Eye Pain
- ___ Sinus Congestion/Drainage
- ___ Hearing Changes
- ___ Neck Mass
- ___ Neck Pain
- ___ Throat Drainage
- ___ Throat Pain
- ___ Oral Ulcers
- ___ Hoarseness

Integumentary/Skin

- ___ Rashes
- ___ Masses
- ___ Unusual Skin Lesions
- ___ Itching
- ___ Hives
- ___ Scars
- ___ Scars that won't heal

Immunologic

- ___ Immunosuppression
- ___ Severe Allergies

Urinary

- ___ Pain w/Urination
- ___ Blood in Urine
- ___ Frequent Nighttime Urination
- ___ Chronic UTIs
- ___ Incontinence

Lungs

- ___ Labored Breathing
- ___ Coughing up Blood
- ___ Productive Cough
- ___ Congestion

Gastrointestinal

- ___ Abdominal Pain
- ___ Abdominal Masses
- ___ Heartburn
- ___ Nausea
- ___ Vomiting
- ___ Diarrhea
- ___ Constipation
- ___ Blood in Stool
- ___ Tarry Stool
- ___ Vomiting Blood
- ___ Changes in bowel habits
- ___ Bloating
- ___ Excess Hunger
- ___ Gas
- ___ Hemorrhoids
- ___ Polyps
- ___ Rectal Bleeding
- ___ Ulcers

Psychiatric

- ___ Depression
- ___ Suicidal Intentions
- ___ Homicidal Intentions
- ___ Anxiety
- ___ Known Psychiatric Disorders

Breast

- ___ Rashes
- ___ Lumps
- ___ Tenderness
- ___ Skin Lesions
- ___ Dimpling
- ___ Nipple Changes
- ___ Nipple Discharge

Musculoskeletal

- ___ Muscle Aches
- ___ Weakness
- ___ Fatigue
- ___ Arthritis
- ___ Osteoporosis
- ___ Difficulty w/Balance
- ___ Recent Fracture(s)

Endocrine

- ___ Diabetes
- ___ Temperature Change
- ___ Weight Change
- ___ Hot Flashes

Other symptoms not listed: _____

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his staff responsible for any errors or omissions that I have made in the completion of this form.

Patient's Signature: _____ Date: _____