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The American College of Obstetricians and Gynecologists WOMEN'S HEALTH CARE PHYSICIANS

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COMMENTS:

Patient Name:					Birth Date:	ID No.:			Date: – –
Genetic Screening*			Teratogen Exposures						
Condition	Patient	Partner	Other	Relationship			Details/Date		
Congenital Heart Defect					Prescription Medications				
Neural Tube Defect					Over The Counter Medications				
Hemoglobinopathy Or Carrier					Alcohol				
Cystic Fibrosis					Illicit Drugs				
Chromosome Abnormality					Maternal Diabetes				HGB A1C
Tay-Sachs					Other				
Hemophilia					Uterine Anomaly/DES				
Intellectual Disability/Autism									
Recurrent Pregnancy Loss/Stillbirth									
Other Structural Birth Defect									
Other Genetic Disease (eg, PKU, Metabolic Disease, Muscular Dystrophy)									

*If a patient has been screened for a genetic disorder previously, the results should be documented but the test should not be repeated.

COMMENTS/COUNSELING: _

Infection History	Yes	No		Yes	No
1. Live with Someone with TB or Exposed to TB			6. HIV Infection		
2. Patient or Partner Has History of Genital Herpes			7. History Of Hepatitis		
3. Rash or Viral Illness Since Last Menstrual Period			8. Recent Travel History or Partner Travel Outside of Country		
4. Prior GBS-Infected Child			 Recent Exposure to Zika Virus, Including by Partner. Assess at each prenatal visit. Check cdc.gov/zika for updates. 		
5. History of STIs: (Check All That Apply) Gonorrhea Chlamydia HPV S	yphilis 🗌	PID	10. Other (See Comments)		

INTERVIEWER'S SIGNATURE: ____

COMMENTS: _

Yes (Month/Year) lf No, Yes (Month/Year) If No, Immunizations No Vaccine Indicated?* Immunizations No Vaccine Indicated?* / / Tdap (Each pregnancy; as early in Hepatitis A the 27–36-weeks-of-gestation window as possible) (When Indicated) Influenza[†] (Each pregnancy as soon as vaccine is available) Hepatitis B (When Indicated) Meningococcal Varicella[†] (When Indicated) MMR (Rubella-Pneumococcal (When Indicated) containing vaccine)[†] HPV

*Yes/No and date to be administered

⁺All live vaccines are contraindicated in pregnancy, including the live intranasal influenza, MMR, and varicella vaccines. All women who will be pregnant during influenza season (October through May) should receive inactivated influenza vaccine at any point in gestation. Administer the HPV, MMR, and varicella vaccines postpartum if needed. The Tdap vaccine can be given postpartum if the woman has never received it as an adult and tid not get it during pregnancy.

Initial Physical Examination

Date: /	/	BP/Prepregnancy We	ight: Height	BMI:		
1. Heent	Normal	Abnormal	11. Vulva	Normal	Condyloma	Lesions
2. Teeth	Normal	Abnormal	12. Vagina	Normal	Inflammation	Discharge
3. Thyroid	Normal	Abnormal	13. Cervix	Normal	Inflammation	Lesions
4. Breasts	Normal	Abnormal	14. Uterus Size	Weeks		Fibroids
5. Lungs	Normal	Abnormal	15. Adnexa	Normal	Mass	
6. Heart	Normal	Abnormal	16. Rectum	Normal	Abnormal	
7. Abdomen	Normal	Abnormal	17. Clinical Pelvimetry	Concerns	No Concerns	
8. Extremities	Normal	Abnormal				
9. Skin	Normal	Abnormal				
0. Lymph Nodes	Normal	Abnormal	-			

COMMENTS (Number and explain abnormals): _

EXAM BY: _

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neurologicalinjurycompensationassociation neurologicalinjurycompensationassociation

If you would like more information or would like to receive a copy of Section 766.301-766.316, Florida Statutes, which detail the provisions of the NICA Plan, please call or write:



Florida Birth-Related Neurological Injury Compensation Association Post Office Box 14567 Tallahassee, Florida 32317-4567 Telephone: (850) 488-8191 Toll Free: 1-800-398-2129 www.nica.com

vides rights and remedies for certain birth-related neurological injuries and is an exclusive remedy. This brochure is prepared in accordance with the mandate of Section 766.316, Florida Statutes. A copy of the complete statute is available free of charge to completely inform patients of their rights and limitations under the application provisions of Florida law. Since 1989, numerous court cases have interpreted the NICA law, clarifying legislative intent. PEACE OF MIND For An Unexpected Problem



he birth of a baby is an exciting and happy time. You have every reason to expect that the birth will be normal and that both mother and child will go home healthy and happy.

Unfortunately, despite the skill and dedication of doctors and hospitals, complications during birth sometimes occur. Perhaps the worst complication is one which results in damage to the newborn's nervous system – called a "neurological injury". Such an injury may be catastrophic, physically, financially and emotionally.

In an effort to deal with this serious problem, the Florida Legislature, in 1988, passed a law which created a Plan that offers an alternative to lengthy malpractice litigation processes brought about when a child suffers a qualifying neurological injury at birth. The law created the Florida Birth-Related Neurological Injury Compensation Association (NICA).

Exclusive Remedy

The law provides that awards under the Plan are exclusive. This means that if an injury is covered by the Plan, the child and its family are not entitled to compensation through malpractice lawsuits.

Criteria and Coverage

Birth-related neurological injuries have been defined as an injury to the spinal cord or brain of a live-born infant weighing at least 2500 grams at birth. In the case of multiple gestation, the live birth weight is 2000 grams for each infant. The injury must have been caused by oxygen deprivation or mechanical injury, which occurred in the course of labor, delivery or resuscitation in the immediate post delivery period in a hospital. Only hospital births are covered.

The injury must have rendered the infant permanently and substantially mentally and physically impaired. The legislation does not apply to genetic or congenital abnormalities. Only injuries to infants delivered by participating physicians, as defined in s. 766.302(7), Elorida Statutos, are are are



Florida Statutes, are covered by the Plan.

Compensation

Compensation may be provided for the following:

- Actual expenses for necessary and reasonable care, services, drugs, equipment, facilities and travel, excluding expenses that can be compensated by state or federal government or by private insurers.
- In addition, an award, not to exceed \$100,000 to the infant's parents or guardians.
- Death benefit in the amount of \$10,000.
- Reasonable expenses for filing the claim, including attorney's fees.

NICA is one of only two (2) such programs in the nation, and is devoted to managing a fund that provides compensation to parents whose child may suffer a qualifying birth-related neurological injury. The Plan takes the "No-Fault" approach for all parties involved. This means that no costly litigation is required and the parents of a child qualifying under the law who file a claim with the Division of Administrative Hearings may have all actual expenses for medical and hospital care paid by the Plan.

You are eligible for this protection if your doctor is a participating physician in the NICA Plan. If your doctor is a participating physician, that means that your doctor has purchased this benefit for you in the event that your child should suffer a birth-related neurological injury, which qualifies under the law. If your health care provider has provided you with a copy of this informational form, your health care provider is placing you on notice that one or more physician(s) at your health care provider participates in the NICA Plan.



INFORMED CONSENT OF MY PHYSICIAN PARTICIPATION IN THE

FLORIDA BIRTH RELATED NEUROLOGICAL INJURY ASSOCIATION (NICA)

I hereby acknowledge that:

- 1. I have been advised that Advanced OBGYN Institute is participating in the NICA Plan;
- 2. I have been furnished with a copy of the NICA brochure which describes the NICA plan and my rights and limitations under the NICA Plan;
- 3. I understand that the no-fault aspects of the NICA Plan will serve as exclusive remedy for injury which qualifies under the NICA Plan and that as a result I am forfeiting any and all rights to bring legal action in a Court of Law for damage in connection with such injuries;
- 4. Any questions I may have had regarding my physician's participation in the NICA Plan and my rights and limitations under the NICA Plan have been answered to my satisfaction;
- 5. I hereby consent to obstetrical services having been given notice pursuant to Florida Statute 766.316 by my physician of the applicability of the NICA upon such obstetrical services.

Patient Name

Date

Patient Signature



CONSENT FOR CARRIER SCREENING FOR GENETIC CONDITIONS

Carrier screening is a type of genetic testing that can tell you whether you carry a gene for certain genetic disorders. It allows you to find out your chances of having a child with a genetic disorder. Most carrier screening testing is for recessive disorders meaning it takes two genes for a person to get a recessive disorder, one inherited from the mother and one inherited from the father. If a person has only one gene for a disorder, he or she is known as a carrier. Carriers often do not know that they have a gene for a disorder.

The American College of Obstetrics and Gynecologists (ACOG) recommends carrier screening for all women for a number of diseases including: Cystic Fibrosis (CF), Spinal Muscular Atrophy (SMA), Fragile X, and hemoglobinopathies such as sickle cell. If both patient and partner are carriers for any of the recessive diseases, we will arrange a consultation with a Perinatologist for genetic counseling and additional testing if needed.

Cystic Fibrosis

Cystic Fibrosis (CF) is an inherited disease that affects more than 25,000 American children and young adults. Most people with CF have severe medical problems and some die at a young age. Others experience few symptoms and may be unaware of having CF. There is no cure. As a result of scientific advantages these days many with the disease are living into their 20's and 30's.

Spinal Muscular Atrophy

Spinal Muscular Atrophy (SMA) is the most common inherited cause of early childhood death. It affects 1 in 35 to 1 in 117 people in the US. SMA destroys nerve cells that affect voluntary movement. The most common form affects infants in the first month of life and can cause death between 2-4 years of age. SMA does not affect the learning process and there is no cure or treatment.

Fragile X

The most common inherited cause of mental retardation is Fragile X syndrome. Women who are carriers are at risk to have a child with mental retardation. Fragile X syndrome affects primarily boys and approximately 1 in 260 women. It can also occur in all ethnicities.

Hemoglobinopathies

A hemoglobinopathy is any inherited disorder that affects the number or shape of red blood cells in the body. More than 270 million people worldwide are carriers of genetic disorders of hemoglobin. Examples include sickle cell disease and the different forms of thalassemias.



CONSENT FOR CARRIER SCREENING FOR GENETIC CONDITIONS

You should be certain you understand the following:

- The purpose of these tests is to determine whether I am a carrier of one of the common genetic disorders.
- The tests do not detect all carriers of the disease.
- The laboratory needs accurate information about my family history for the most accurate interpretation of the test results.
- The decision to have the carrier testing is completely mine.
- No other tests will be performed or reported on my sample unless authorized by my doctor.
- The laboratory will disclose the results ONLY to my doctor, or to his/her agent, unless otherwise authorized by me or required by law.
- <u>We are not aware if your insurance covers this test, therefore you may get a bill from the lab.</u> <u>Please check the CPT codes for each test with your insurance: Cystic Fibrosis (81220), Fragile X</u> <u>Syndrome (81243), Spinal Muscular Atrophy (81401)</u>

I want Carrier Testing

I do not want Carrier Testing

Patient Name

Date

Patient Signature



<u>CONSENT FORM FOR FETAL CHROMOSOMAL SCREEN:</u> <u>FIRST AND SECOND TRIMESTER SCREEING</u>

Babies may be affected with chromosome abnormalities, the most common being Down Syndrome, a disorder that leads to intellectual disabilities and other birth defects. Generally, risk of chromosome abnormalities becomes greater as the age of the expectant mother increases. For mothers 35 years of age or more at the time of delivery, the standard recommendation is to offer a genetic amniocentesis: the diagnostic option. Other screening options are however also available.

Since any pregnant woman can be at risk for chromosome abnormalities, therefore, all pregnant women are offered prenatal assessment for chromosome abnormalities by screening or diagnostic testing regardless of maternal age or other risk factors.

Each option has relative advantages and disadvantages. Your options are as follows:

First Trimester Screening

This screening test includes a sonogram to measure the amount of fluid accumulation at the back of the baby's neck (nuchal translucency) and one blood sample. First screen helps to identify babies at increased risk of Down syndrome or Trisomy 18, but does **not** identify risk for open neural tube defect (spina bifida). Another blood sample should be taken in the second trimester to analyze the risk of open neural tube defect. First Screen detection rates for Down syndrome and Trisomy 18 are lower than Integrated Screen, but the results are available earlier in the pregnancy. It is performed between 10-13 weeks

Integrated Screening

This screening test combines the measurement of the nuchal translucency as described above with two blood samples between 11-13 weeks and 15-20 weeks. The result of this screen will not be available until after the second blood sample has been analyzed. This screen has a high detection rate for Down syndrome, Trisomy 18, and open neural tube defect; however there is a false positive rate of 1 %. False negative results have also been reported.

Quad Screen

This is a single blood test obtained at approximately 16-20 weeks. Detection rate for Down syndrome and Trisomy 18 are lower than with the Integrated Screen; but detection rate for open neural tube defect are the same.

Cell free DNA (NIPT)

The newest screening test available is NIPT or cell free DNA. It isolates and analyses DNA from the placenta that is circulating in the mother's blood. It is the most reliable blood test for detecting Down syndrome, Trisomy 18 and Trisomy 13, with a false positive rate of approximately 0.5%. False negative results have also been reported. At the present time, insurance companies may only reimburse for this testing for patients who have an increased risk based on age, family history or ultrasound findings.

603 N. Flamingo Road, Suite 360 • Pembroke Pines, FL 33028 1040 Weston Road, Suite 105 • Weston, FL 33326 Phone: (954)-499-4570 • Fax: (954)-889-0027



CONSENT FORM FOR FETAL CHROMOSOMAL SCREEN: <u>FIRST AND SECOND TRIMESTER SCREEING</u>

No screening

You may choose not to undergo any screening test. Patients who feel that they would not intervene if the baby should have a problem may prefer this option.

Follow up for increased risk testing

It is important to understand that all screening tests are limited; a result that is within the normal range does not necessarily mean that there are no chromosomal abnormalities present. It means that the risk of chromosome abnormalities is low. Also a result that shows increased risk does not mean that the baby actually has a chromosomal abnormality. Mothers whose test results show an increased risk will be offered further evaluation with a perinatologist which will include diagnostic testing such as amniocentesis which can determine whether the baby has a chromosomal abnormality or not.

Consent

I understand that there are benefits and limitations for any test, including false positives and false negative results. All my questions have been satisfactorily answered. I understand that testing is voluntary and I may decline testing at any point. I understand that my insurance company may not cover these services and I agree to provide payment.

I choose:

__First Trimester Screening
__Integrated Screening
__Quad Screen
__Cell-free DNA
___None

Patient Name

Date

Patient Signature



HIV TEST IN PREGNANCY CONSENT FORM

Information is provided in accordance to Florida Law

HIV/AIDS is an important health concern for pregnant women because she can pass the HIV virus to her baby during pregnancy or childbirth or through breastfeeding. HIV testing is recommended as a routine test for all pregnant women. It is much better for a woman to know her HIV status as early in pregnancy as possible so she can make important decisions about health care and breast feeding. Tests are available to detect antibodies for HIV that are safe and can be done along with other prenatal blood tests.

A positive test does not necessarily mean that you have AIDS or that you will become ill with AIDS. A positive test means that you can infect others with the virus and that you must take precautions to prevent spreading the infection. If your test is positive, you will gain knowledge and understanding of an important medical condition and be able to inform your sexual partner (s) and health care provider (s).

There are medications that may help a woman who is pregnant and has HIV to reduce the chance of passing HIV to her baby. If a pregnant women is HIV-positive and does not get treatment, her baby has about a 25% chance of getting HIV from her. But if an HIV-positive pregnant woman receives appropriate medication as late as during the delivery of her child, she can reduce the risk of transmission by at least 50%.

A negative test result may mean that you have not been infected with HIV-1. If you have been engaging in behaviors that put you at risk, you may want to be retested in approximately six months. A negative test may also mean that your body has not had time to develop antibodies to HIV-1 and that you have an early infection.

Because treatment is so effective in preventing babies from getting HIV, Florida law and regulations require that every pregnant women be counseled about HIV and the benefits of testing and be offered and HIV test along with the standard blood test for Syphilis and Hepatitis B Surface Antigen (HBsAg). Testing must be offered at the time of the first examination relating to the current pregnancy and again <u>at 28 to 32 weeks gestation</u>.

Although HIV testing is routinely performed as part of the antenatal testing protocol, you have the right to refuse the test. The decision to have testing for Syphilis, Hepatitis B, or HIV is voluntary and you may withdraw your consent at any time.

Your physician will answer any questions you may have about HIV testing. If you are pregnant and you test positive for HIV, your physician can provide the care you need and information about services and options available to you. Your physician can tell you the risk of passing HIV infection to your baby, about medications given during pregnancy that can significantly reduce the risk of passing HIV to your baby, and the medical care available for babies who may be infected with HIV.



CONSENT TO HIV-1 ANTIBODY TESTING IN PREGNANCY

The purpose of the test, its potential uses, and the limitations and the meaning of the rules have been explained to me. I understand that if the results indicate that my blood contains antibody to HIV, it means that I may have been infected with the HIV virus, which is believed to cause AIDs (Acquired Immune Deficiency Syndrome).

AT FIRST PRENATAL VISIT

I authorize my healthcare providers to collect one or more blood specimen form me at the time of my first prenatal visit in order to detect whether or not I have antibodies in my blood to HIV- 1 (human immunodeficiency virus). This is the virus which has been associated with AIDS (Acquired Immune Deficiency Syndrome). I understand that my physician will report test results to me in person and not by telephone or by mail. At that time, I will have the opportunity to receive counseling about the meaning of the test results, the possible need for retesting, and other matters. Information regarding measures for the prevention of, exposure to, and transmission of HIV has been made available to me.

Consent to Release

I understand that the test results will be confidential and will not be disclosed to any person without my consent unless permitted or required by law, I also consent to the release of the test results to ______

REFUSAL OF HIV-1 ANTIBODY TESTING

With the information presented above having been explained to me completely and clearly in the language I understand, all of my questions having been answered and with full knowledge of the consequences, I refuse to give my consent for HIV testing.

Patient Signature

Patient Name

IN THIRD TRIMESTER

Authorization For Repeat HIV Testing In Third Trimester Of Pregnancy

I authorize my health care provider to repeat the testing for sexually transmitted diseases and HIV later in this pregnancy. This consent for repeat testing is limited to the course of my current pregnancy. I understand that my health care provider will discuss testing with me before the retest is performed and will provide me with the test results.

I Decline Repeat HIV Testing In Third Trimester of Pregnancy

With the information presented above having been explained to me completely and clearly in the language I understand, all of my questions having been answered and with full knowledge of the consequences, I decline repeat testing for sexually transmitted diseases and HIV later in this pregnancy.

Patient Signature

Date

Date

Witness

Patient Name



Upper Respiratory Illness:

NO Advil NO Nyquil Tylenol, 1-2 tablets every 4-6 hours Saline Nasal Sprays for Congestion – Ocean Air Sudafed or Actifed, 1 tablet every 4-6 hours as needed Robitussin DM or Triaminic, 2 teaspoons every 4-6 hours for cough Gargle with warm salt water Lozenges for cough or sore throat Vicks or other Menthol ointments Vaporizers, hot Showers, or humidification for congestion Warm, moist compresses on the face for sinus pain Plenty of Fluids / Warm Tea

Morning Sickness	<u>Heartburn</u>	<u>Diarrhea</u>
Acupressure Point Wristbands	Maalox	Lomotill
Vitamin B6, 25-50 mg twice a day	Tums	Kaopectate
Ginger Ale	Mylanta	Immodium
Chamomile or Peppermint Tea	Pepcid AC	
Papaya Chewable Tablets		
Dry Crackers		
Emetrol or Emecheck (over the counter)		

Constipation:	<u>Allergies</u>	Insomnia (difficulty sleeping)
8-10 glasses of water a day	Zyrtec	Melatonin
Fruits and Vegetables	Benadryl	Unisom
Bran diet		Benadryl
Warm Fluids		
Prune Juice		
	_	

Metamucil, one rounded teaspoon in 8 oz. of liquid for 2-3 days

Hemorrhoids:	<u>Heartburn</u>	Diarrhea
Tucks	Maalox	Lomotil
Metamucil	Tums	Kaopectate
Bran	Mylanta	Immodium
Pericolace Stool Softener	Pepcid AC	
Annusol		



CONSENT FOR USE OF PICTURE

Patients often give our providers at Advanced OBGYN Institute a family picture or a picture of the newborn. For us to place it in our picture wall, consent is required. This consent is to certify that you allow us to proceed as described above.

<u>Consent</u>

I, (Name)_______, (age if minor) _______ hereby freely and voluntarily consent to the use and publication of my pictures by Advanced OBYGYN Institute for any and all purposes from this date forward until I revoke this consent in writing notwithstanding any prohibition as may be contained in Section 540.08, Florida Statues.

Advanced OBGYN institute has the right, among other things to use photograph as needed. I understand I will not receive any compensation for the appearance of the above-named person.

I have read this consent before signing and fully understand the contents, meaning and impact of this consent. I understand that I am free to address any specific questions and have done so prior to signing the consent.

Date
_ Date:

I am **revoking** this consent. I understand that every effort will be made to remove this item from the display within a reasonable time frame.

Signature: _____ Date: _____ Date: _____



PATIENT PORTAL INFORMATION

Patient can now access their laboratory results through the portal. Please let the staff know your email address to help you activate your account. The portal can be accessed either via the website or via the Healow app. The patient portal is a secure, convenient, and easy way to access your health information.

Via the website

- Go to: https://www.toplinemd.com/advanced-obgyn-institute/
- Then click on Patient Resources, then Patient Portal

About Our Providers Services	Patient Resources Contact Req	uest an o			
	Blog		View your health record Login to see your reports	\rightarrow	Login to view your health record User Credentials Using Mobile Phone
	Insurance Information		Join a Televisit	>	(_ User Name
	Patient Forms		Join a booked consultation		Password
	Testimonials				- Password
	Patient Portal				Login Trouble logging in?
	Patients' FAQ-s				

Via the Healow app

- Set up the Healow smartphone app in four easy steps
 - Download the Healow app from App Store (iPhone) or Google Play (Android Phone)
 - Search our practice "Advanced OBGYN Institute" by entering the practice code:
 - Enter your portal username and password login
 - Set up your PIN to securely access your health records



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